

1 **Main Manuscript for**

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3 **ZW sex chromosome differentiation in paleognathous birds is associated with**
4 **mitochondrial effective population size but not mitochondrial genome size or mutation rate**

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3 **Abstract**

4 Eukaryotic genome size varies considerably, even among closely related species. The causes of
5 this variation are unclear, but weak selection against supposedly costly “extra” genomic
6 sequences has been central to the debate for over 50 years. The mutational hazard hypothesis,
7 which focuses on the increased mutation rate to null alleles in superfluous sequences, is
8 particularly influential, though challenging to test. This study examines the sex chromosomes
9 and mitochondrial genomes of 15 flightless or semi-flighted paleognathous bird species. In this
10 clade, the non-recombining portion of the W chromosome has independently expanded stepwise
11 in multiple lineages. Given the shared maternal inheritance of the W chromosome and
12 mitochondria, theory predicts that mitochondrial effective population size (N_e) should decrease
13 due to increased Hill-Robertson Interference in lineages with expanded non-recombining W
14 regions. Our findings support the extent of the non-recombining W region with three indicators
15 of reduced selective efficiency: (1) the ratio of non-synonymous to synonymous nucleotide
16 changes in the mitochondrion, (2) the probability of radical amino acid changes, and (3) the
17 number of ancient, W-linked genes lost through evolution. Next, we tested whether reduced N_e
18 affects mitochondrial genome size, as predicted by weak selection against genome expansion.
19 We find no support for a relationship between mitochondrial genome size and expanded non-
20 recombining W regions, nor with increased mitochondrial mutation rates (predicted to modulate
21 selective costs). These results highlight the utility of non-recombining regions and mitochondrial
22 genomes for studying genome evolution and challenge the general idea of a negative relation
23 between the efficacy of selection and genome size.

1 **Significance**

2 Explaining the striking variation in eukaryotic genome size and complexity has been a
3 long-standing challenge, primarily due to the need for well-controlled experiments. Using the
4 shared maternal inheritance of W chromosomes and mitochondrial genomes, we explore a novel
5 avenue for studying genome evolution. Our investigation of 15 paleognathous bird species,
6 which have experienced stepwise recombination suppression between the Z and W
7 chromosomes, introduces a powerful framework for unraveling genome structure evolution and
8 confirms a compelling theoretical prediction: increased sex chromosome differentiation
9 correlates with decreased mitochondrial selective strength and efficiency. However, we find no
10 evidence of mitochondrial genome expansion under these conditions or with changes in mutation
11 rate, calling into question that genome size and complexity are driven by differential selective
12 efficiency on nearly neutral superfluous genomic sequences.

14 **Introduction**

15 Nuclear and organellar genomes exhibit remarkable diversity in content and structure
16 across eukaryotes, characterized by significant variation in gene numbers, introns, gene copies,
17 and intergenic DNA (Smith and Keeling 2015). For over five decades, the hypothesis that
18 seemingly superfluous genomic elements persist in populations due to lack of weak or absent
19 selection (Ohta 1973, 1992; Doolittle 1978) has been central in debates about the origins of
20 genome size (GS) and complexity (Lynch 2007). Despite this long-standing discussion, the issue
21 remains unresolved, mainly due to technical complications, including challenges in estimating
22 key parameters such as the strength of selection. An alternative approach compares species with
23 varying effective population sizes (N_e). N_e represents the theoretical number of individuals in an
24 ideal population experiencing genetic drift at a rate equivalent to the actual population,

1 accounting for ecological, demographic, and genomic complexities (Charlesworth 2009). Given
2 that the relative influence of natural selection versus genetic drift varies with N_e , if genome
3 expansions are generally slightly harmful, they should be more likely to persist when N_e is small
4 (Lynch and Conery 2003; Lynch 2007).

5 The most extensively developed version of the conjecture that GS and complexity
6 differences reflect differences in the efficacy of selection is the mutational hazard hypothesis
7 (MHH; Lynch & Conery 2003). The MHH posits that alleles containing various types of
8 additional sequences (introns, extra gene copies, repetitive elements, etc.) will tend to have a
9 higher rate of mutation to null alleles, manifesting as a small non-zero cost relative to alleles
10 lacking the addition sequence. Thus, populations with small N_e will disproportionately
11 accumulate genomic insertions. In their original analysis, Lynch and Conery examined 43
12 genomes spanning prokaryotes, protists, fungi, plants, and animals. They estimated nucleotide
13 silent site diversity, π , predicted to equal $4N_e u$ or $2N_e u$ (for diploids and haploids, respectively,
14 where u represents the assumed constant per-nucleotide mutation rate), and found that $N_e u$
15 explained a significant portion of the observed variation in nuclear GS. However, objections
16 swiftly emerged on theoretical and methodological grounds.

17 Charlesworth and Barton (2004) highlighted challenges in accurately measuring N_e and
18 confounding effects with other aspects of organismal biology (such as development rate and
19 body size). Additionally, questions arose about whether microbes with large global N_e might
20 experience more substantial fitness effects from genome expansions than multicellular organisms
21 with smaller N_e (Batut et al. 2014). Furthermore, correcting for shared phylogenetic history
22 revealed that the perceived association between N_e and GS vanished (Whitney & Garland 2010).
23 Recent tests of the MHH have yielded elusive and contradictory results, primarily due to

1 correlated evolutionary changes and ongoing debates over appropriate measures and definitions
2 of N_e (Lefébure et al. 2017; Roddy et al. 2021).

3 Concerns about the challenges in measuring N_e directly in natural populations have been
4 raised, so most studies rely on genetic or life history characteristics as proxies (James et al. 2017;
5 Waples et al. 2013). Beyond demographic factors, N_e at a genomic locus is influenced by the
6 number of sites genetically linked to it. Deleterious mutations at these linked sites tend to remove
7 chromosomes from the population, effectively decreasing N_e (Charlesworth 2009). This is
8 especially evident in differentiated non-recombining sex chromosomes (e.g., W and Y
9 chromosomes), where newly sex-linked non-recombining regions rapidly accumulate deleterious
10 mutations and lose genes (Charlesworth and Charlesworth 2000). Consequently, comparing
11 genome evolution across related lineages with varying degrees of linkage is a promising
12 approach for testing the MHH.

13 A compelling model system for investigating whether species with reduced N_e and lower
14 efficacy of selection evolve larger genomes comes from paleognathous bird sex chromosomes.
15 While most mammals share the same XY chromosome pair, nearly all birds possess a sex-linked
16 region within the ZW sex chromosomes. In most birds and all mammals, most of the sex
17 chromosome pair is differentiated. However, Paleognathae, the earliest diverging branch of
18 birds, represent an exception. Paleognathae, including flightless ratites and semi-flighted
19 tinamous, diverged from other birds over 110 million years ago (Jarvis et al. 2014). Intriguingly,
20 the Z and W chromosomes remain homomorphic in many paleognathous species, associated with
21 continued recombination in ZW females. Yet in multiple lineages, the non-recombining sex-
22 linked portion of the chromosome has independently expanded due to stepwise, parallel
23 recombination suppression (Wang et al. 2022).

1 The power of this model system for studying GS evolution stems from the peculiar
2 inheritance of W chromosomes. Analogous to Y chromosomes in mammals, differentiated
3 regions of W chromosomes in birds are hemizygous and thus do not undergo recombination
4 (Charlesworth and Charlesworth 2000). Since the sex-specific (non-recombining) portion of the
5 W chromosome strictly follows maternal inheritance, it is expected to experience complete
6 genetic linkage with the entire mitochondrial genome (also maternally inherited). Rare or no
7 recombination occurs within either genomic element. Thus, reassortment between them is
8 expected to be absent or minimal, resulting in increased linkage predicted to amplify the effects
9 of background selection and hitchhiking, leading to increased Hill-Robertson interference (HRI)
10 and reduced N_e of the mitochondrial genome (Hill and Robertson 1966; Felsenstein 1974;
11 McVean and Charlesworth 2000; Santiago and Caballero 1995; Comeron et al. 2008;
12 Charlesworth and Jensen 2021). Some empirical support for reduced N_e during the expansion of
13 the sex-specific W region comes from observations of decreased nucleotide diversity in
14 mitochondrial genes from ZW species (Berlin et al. 2007). Parallel evolutionary ZW
15 differentiation across diverse paleognathous lineages, for which genomic data are available,
16 presents a rare opportunity to test the hypothesis that diminished selective efficiency leads to
17 larger genomes.

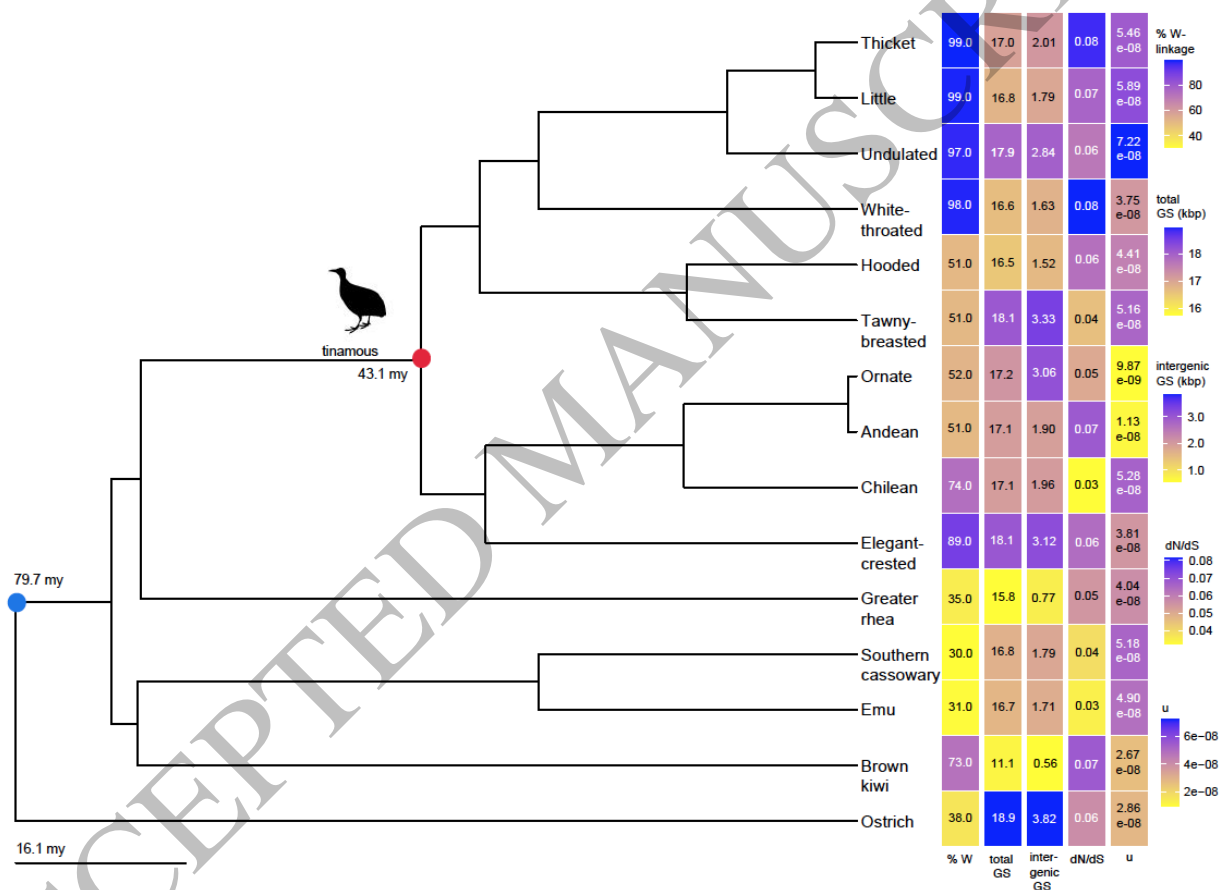
18 If the MHH holds, it should apply to all genomic features, including organelle GS.
19 However, Lynch et al. (2006) observed animals and land plants with similar N_e but dramatically
20 different mitochondrial GS and proposed an alternative hypothesis: organelle genome variation
21 results from differences in u rather than N_e , as previously suggested for nuclear genomes.
22 According to their argument, for mitochondria, the strength of selection, rather than its efficacy,
23 primarily drives GS and complexity evolution, with a lower u creating a more permissive
24 environment for accumulating additional hazardous DNA.

1 Similarly, as with Lynch & Conery's (2003) deployment of the MHH, support from
2 subsequent investigations into Lynch et al.'s (2006) proposal for organelle genomes have yielded
3 mixed support. Despite decades of research, the evolutionary forces governing GS variation
4 remain unclear. For a comprehensive review and discussion of competing hypotheses, refer to
5 Blommaert (2020) and Galtier (2024) for nuclear genomes and Smith (2016) for organelle
6 genome evolution. Before testing the two alternative predictions—GS expansion under either
7 decreased N_e or decreased u —we first confirmed the reduced N_e of the mitochondrial genome
8 under expanded ZW differentiation. We then examined whether increases in mitochondrial GS
9 variation are associated with enhanced drift in species with expanded regions of ZW
10 recombination suppression or decreased u .

12 **Results**

13 Differentiated W-linked genomic regions, inherited exclusively from mother to daughter
14 without recombination, mirror the inheritance pattern of mitochondrial genomes and are
15 completely genetically linked. The expansion of the non-recombining W-linked region is thus
16 expected to correlate with heightened HRI effects across both regions and the mitochondrial
17 genome, provided the expanded non-recombining segments harbor an increased complement of
18 functional sequences. To test this hypothesis, we obtained mitochondrial genomes and the
19 percentage of the sex chromosome pair that exhibits differentiation, along with a maximum-
20 likelihood chronogram estimated from whole-genome non-coding sequences, for 15 species of
21 paleognathous birds, all previously generated by Wang et al. (2022). Among these species,
22 differentiated ZW regions vary widely in size, from 30% to 99% of the entire chromosome, with
23 a relative variation (the percentage ratio of the range to the average value) of 106%. Our initial
24 focus was on mitochondrial genes, so we created a concatenated alignment of the 13 protein-

1 coding sequences across the 15 genomes. We found that the relative percent range in the protein-
 2 coding sequence (CDS) size is just 9.3% between species (ranging from 10.0 to 11.0 kilobases
 3 (kb)). However, the size of intergenic regions varies considerably more, with a relative variation
 4 of 153% (from 564 to 3815 base pairs). Overall, total mitochondrial genome size has a relative
 5 range of 18.6% (from 15.8 to 18.9 kb; **Figure 1**).



6
 7 **Fig. 1. Paleognathae Phylogeny and Raw Mitochondrial Trait Data.** Chronogram of the 15
 8 paleognathous bird species analyzed. Heat maps depict the raw trait data. GS represents the total
 9 mitochondrial genome size in kilobase pairs, while intergenic GS is the total GS minus the
 10 coding region, tRNA, and rRNA genes. u is the estimated mutation rate per generation per base
 11 pair. The red dot denotes the tinamou order/family. Branch lengths are in millions of years.

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Diverse Evidence Suggests That ZW Sex Chromosome Differentiation Impacts the Effective Population Size of W Chromosomes and Mitochondrial Genomes

We first sought to test whether the predicted relationship between the extent of ZW differentiation and N_e holds. To assess the effect of ZW differentiation on mitochondrial gene evolution, we reconstructed branch-specific ratios of nonsynonymous changes (d_N ; subject to selection) to synonymous changes (d_S ; presumed neutral) across the phylogenetic tree. Previous theoretical and empirical work shows that, under certain assumptions, the greater influence of genetic drift under reduced N_e can lead to an overall increased fixation of deleterious nonsynonymous variants. Consequently, d_N/d_S is expected to negatively correlate with N_e (Ohta 1992; Woolfit and Bromham 2005; Weyna and Romiguier 2021), resulting in a positive relationship between the extent of recombination suppression on the W chromosome and d_N/d_S . Consistent with this prediction, our ordinary least squares (OLS) regression analysis robustly confirms a positive association between the degree of ZW differentiation and d_N/d_S in mitochondrial genes ($\beta = 0.035$, p-value = .012; **Figure 2A**). To ensure that the observed variation in d_N/d_S is not solely due to differences in synonymous branch length, we tested for a correlation between d_N/d_S and d_S . We found no evidence of such an association ($\beta = 0.0009$, p-value = 0.962). Thus, as predicted, the size of the ZW differentiated region significantly influences the mutation-normalized probability of fixation of nonsynonymous changes.

It is important to note that we did not apply phylogenetic correction in the model testing d_N/d_S as affected by % ZW differentiation. The necessity and value of phylogenetic correction arise from character states that apply to a given extant or ancestral taxon. These character states exhibit phylogenetic inertia over time, remaining unchanged unless altered by evolutionary

1 processes (Felsenstein 1985). However, d_N/d_S is not a character state but a measure of
2 evolutionary change estimated from comparing a taxon and its direct ancestor. Consequently, the
3 concept of phylogenetic inertia does not apply to d_N/d_S (or the occurrence of radical amino acid
4 changes discussed below) in the same way.

5 Improper application of phylogenetic regression can lead to suboptimal statistical
6 performance, especially when all the phylogenetic inertia is present in the predictor variable(s),
7 as noted by Rohlf (2006). Phylogenetic signal is generally assessed using Pagel's λ , which
8 ranges from zero to one, where values close to zero suggest the trait evolves independently of
9 phylogeny, and values near one indicate the trait evolves following Brownian motion along the
10 branches. Within our data, all continuous variables exhibit moderate to strong phylogenetic
11 signals, represented by Pagel's λ , except for d_N/d_S and the amount of intergenic DNA (left side
12 of **Table I**). Still, to be cautious, we followed Revell's (2010) recommendation to assess the
13 appropriateness of phylogenetic regression by testing whether model residuals contain a
14 phylogenetic signal, representing unexplained variation in the model associated with shared
15 evolutionary history. Again, while most regressions showed substantial signal, d_N/d_S , distributed
16 by % ZW, did not (right side of **Table I**). Revell (2010) also demonstrated that phylogenetic
17 correction is inappropriate and can be misleading under such circumstances. Therefore, we
18 corrected for phylogenetic inertia using phylogenetic generalized least squares (PGLS) for all
19 linear regressions except for the contribution of ZW differentiation to the d_N/d_S ratio.

20
21 **Table I: Phylogenetic signal (λ) of the variables and estimated simultaneously on the**
22 **regression models' residuals, as Revel (2010) suggested. P-values are from hypothesis tests**
23 **for a significant phylogenetic signal against the null model ($\lambda = 0$).**

Variable	λ	p-value	Regression model	λ	p-value
% ZW	1.00	0.0001	total GS ~ d_N/d_S	1.01	0.062
d_N/d_S	0.00	1.00	d_N/d_S ~ % ZW	-0.30	0.332
total GS	1.00	0.173	total GS ~ % ZW	1.00	0.031
intergenic GS	0.00	1.00	intergenic GS ~ % ZW	0.64	0.276
u	1.00	0.057	total GS ~ u	1.00	0.039
S0 genes lost	0.97	0.001	S0 genes lost ~ % ZW	0.94	0.001

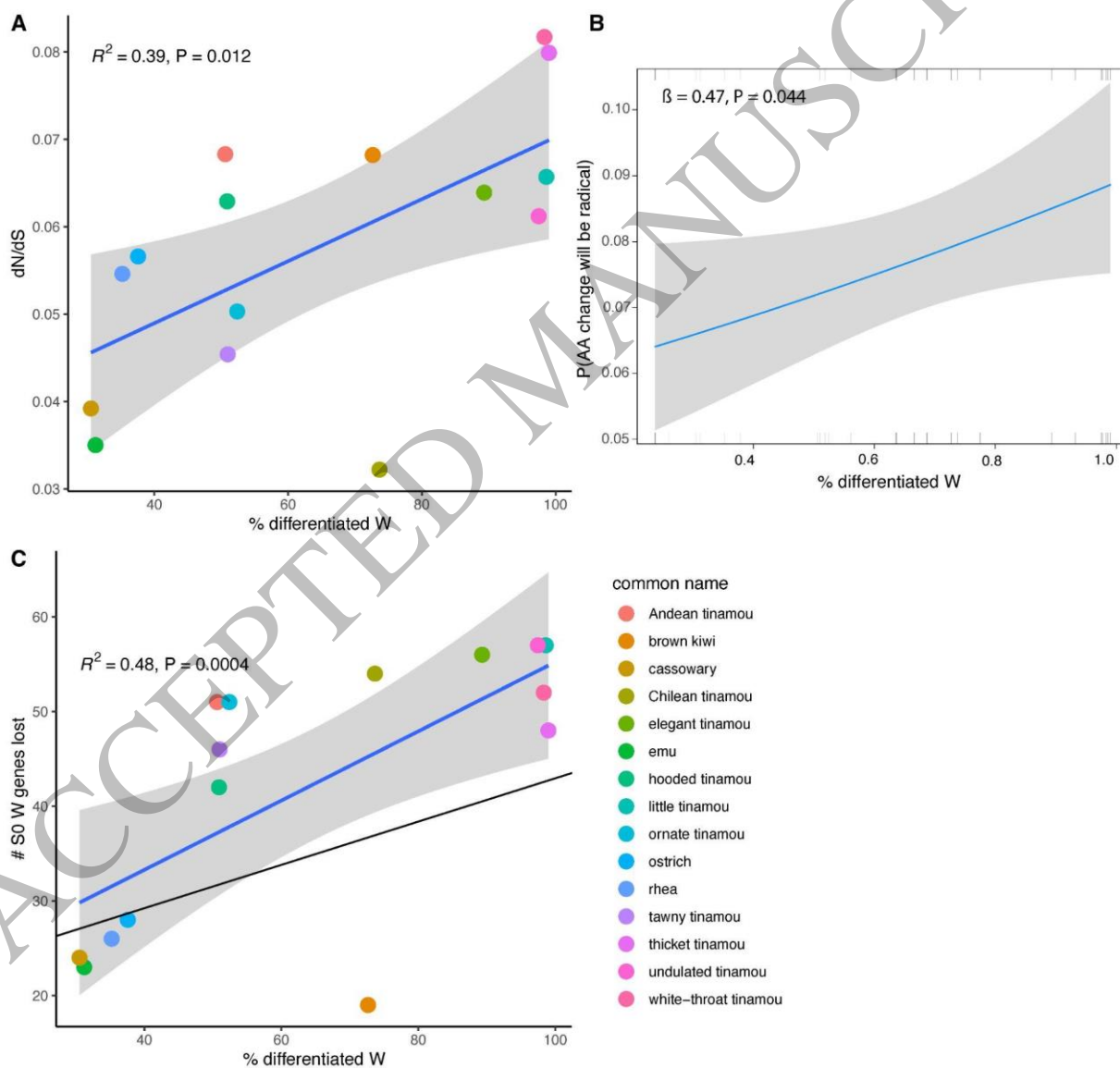
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2 In addition to an elevated accumulation of nonsynonymous mutations, a reduction in the
3 efficacy of selection is also predicted to correspond with increased occurrences of radical amino
4 acid changes, particularly those altering physicochemical properties like charge (Miyata et al.
5 1979), as these are more likely to affect protein function and be deleterious than conservative,
6 within-group, changes (Hanada et al. 2007). Indeed, binomial logistic regression revealed a
7 positive correlation between % ZW differentiation and the occurrence of radical amino acid
8 changes (**Figure 2B**). Specifically, we estimate that the log odds of an observed amino acid
9 change being radical increased by 0.47% with each one percent increase in ZW differentiation
10 (p-value = 0.044).

11 Additionally, we investigated whether ZW differentiation affects the N_e of the W
12 chromosome itself. To address this, we examined the retention and loss patterns of genes within
13 the ancestrally differentiated region of the chromosome (the oldest, “S0” stratum, as identified
14 by Xu and Zhou (2020)). The S0 stratum, shared by all birds, represents the most evolutionarily
15 ancient region of the W chromosome and is characterized by high sequence divergence and gene
16 loss, reflecting its long history of independent evolution. Expanded ZW differentiation predicts
17 increased HRI effects and thus decreased N_e for the S0 region. Consistent with increased HRI

1 effects, species with higher % ZW differentiation experienced a more significant loss of S0
 2 genes (using OLS regression: $\beta = 36.6$, p-value = .0004; **Figure 2C**). However, in this case,
 3 phylogenetic non-independence due to shared ancestry creates a statistical issue that should be
 4 accounted for (**Table I**), so we also used PGLS regression and found the relationship remains
 5 significant ($\beta = 24.0$, p-value = .044).

6



7

1 **Fig. 2. Confirmation of Reduced Selective Efficiency Due to Increased Recombination**

2 **Suppression.** (A) A significant positive association exists between d_N/d_S and % ZW linkage. (B)

3 The predicted probability of an amino acid change being radical (estimated using binomial
4 logistic regression) increases with increasing % ZW linkage. Tick marks represent observations
5 of conservative (0; shown on the bottom axis) and radical (1; indicated on the top axis) amino
6 acid changes. β represents the logit coefficient, which is the change in the log odds of an amino
7 acid change occurring being radical associated with every one percent increase in ZW linkage.

8 (C) A robust positive association is observed between the number of ancient W-linked S0 genes
9 lost and % ZW linkage. The blue line shows the regression coefficient (β) from ordinary least
10 squares regression (OLS), and the black line is from phylogenetic least squares regression
11 (PGLS) in 15 species of paleognathous birds.

12
13 ***Lack of Evidence for a Relationship Between Effective Population Size and Mitochondrial***
14 ***Genome Size***

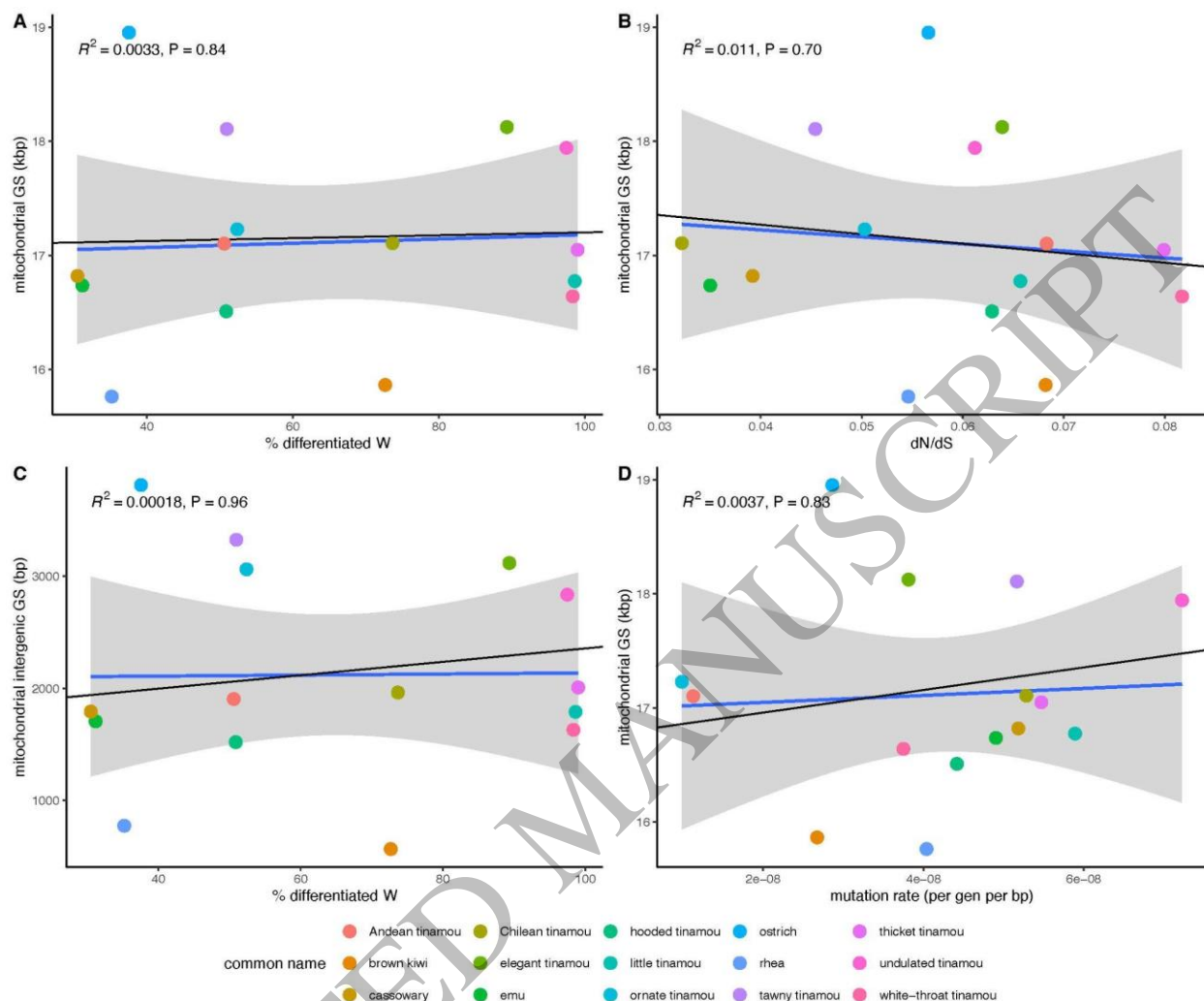
15 If N_e significantly influences GS, the observed relationship between ZW differentiation
16 and N_e of the mitochondrion predicts a positive relationship between ZW differentiation and
17 mitochondrial GS. However, we found no correlation between % W chromosome differentiation
18 and mitochondrial GS, with neither PGLS ($\beta = 0.12$, $p = 0.93$) nor OLS regression ($\beta = 0.186$,
19 $p\text{-value} = 0.84$) demonstrating any significant effect (**Figure 3A**), nor between mitochondrial GS
20 and d_N/d_S ($\beta = -6.16$, $p\text{-value} = 0.70$; **Figure 3B**). We also examined the relationship between
21 the amount of intergenic mitochondrial DNA and % W chromosome differentiation. We again
22 found no significant relationship with either PGLS ($\beta = 5.99$, $p = 0.83$) or OLS regression ($\beta =$

1 0.471, p-value = 0.96; **Figure 3C**). Our analysis suggests that changes in N_e do not correlate with
2 changes in mitochondrial GS in paleognathous birds, contrary to the predictions of the MHH.

3
4 ***Lack of Evidence for a Relationship Between Mitochondrial Mutation Rate and***
5 ***Mitochondrial Genome Size***

6 Our dataset also allows us to test an additional proposed determinant of GS: u . According
7 to Lynch et al.'s (2006) model of organelle GS evolution, populations with higher u experience
8 stronger selection against maladaptive increases in GS than those with lower u . To obtain
9 estimates of per-generation mitochondrial u , we first calculated the number of generations
10 represented by each terminal branch length as the estimated branch length in years divided by the
11 extant species' estimated generation time. The reliability of fossil records in early-branching
12 birds has been well-scrutinized (Jarvis et al. 2014; Prum et al. 2015; Yonezawa et al. 2017), and
13 divergence time estimates are highly reliable and consistent, regardless of the taxon sampling
14 and fossil calibrations used. We then computed per-generation mutation rates by dividing the
15 estimated d_s value by the estimated number of generations. It is important to note that while the
16 nuclear mutation rate influences branch lengths, the mitochondrial mutation rate does not affect
17 them. As these two parameters are governed by entirely different molecular machinery, we do
18 not expect a high degree of circularity when estimating mitochondrial u . We found no significant
19 relationship using PGLS ($\beta = 9.9e06$, p-value = 0.49) or OLS ($\beta = 3.1e06$, p = 0.83) (**Figure**
20 **3C**). Contrary to the predicted direction, the association was nonsignificantly positive, with
21 species with higher mutation rates tending to have larger genomes. These findings challenge the
22 predictions of the MHH and highlight the complex interplay of factors likely shaping genome
23 size in paleognathous birds.

24



1
 2 **Fig. 3. Correlations Between the d_N/d_S Ratio, Mitochondrial Genome Size, and Mutation**
 3 **Rate.** Blue lines represent the regression coefficient (β) from ordinary least squares regression
 4 (OLS), and black lines are from phylogenetic least squares regression (PGLS) in 15 species of
 5 paleognathous birds. (A) No reliable correlation exists between d_N/d_S and mitochondrial genome
 6 size (GS). (B) There is no reliable correlation between the amount of genetic linkage and
 7 mitochondrial GS. (C) There is no significant relationship between the amount of intergenic
 8 DNA and gene linkage. (D) No significant relationship is observed between mitochondrial GS
 9 and the per-generation mutation rate per nucleotide site (μ).

10

1 Discussion

2 Understanding the forces governing genome size has long captivated researchers. At the
3 forefront of this debate is the idea that nonessential genomic insertions are slightly deleterious, at
4 least under some circumstances, allowing them to fix and persist in some genomes while being
5 excluded from others. However, empirical tests of this hypothesis have been challenging due to
6 the multitude of potential factors influencing selection intensity against these elements
7 (Charlesworth and Barton 2004). Additionally, the technical complexities of quantitatively
8 estimating these factors pose significant hurdles (Waples et al. 2013). Our study provides a rare,
9 relatively direct test of the slightly deleterious genome expansion hypothesis, relying on a
10 theoretically and empirically supported decrease in selective efficiency resulting from increased
11 genetic linkage.

12 Our first major finding confirms the predicted association between increased ZW sex
13 chromosome differentiation and reduced N_e in genetically linked mitochondrial and sex
14 chromosomal genomic regions. While the predicted consequence of increased ZW differentiation
15 is a decrease in N_e due to greater HRI under increased genetic linkage, confidently inferring this
16 causality remains challenging as alternative explanations are plausible. Notably, a decrease in
17 population N_e could drive ZW differentiation and mitochondrial N_e . Some may interpret our
18 results in terms of HRI without invoking N_e . However, HRI and N_e are interconnected: N_e is
19 defined as nucleotide diversity (π) over u , and HRI reduces π , thereby implying changes in N_e .
20 Since HRI is one factor that influences N_e , differences in N_e due to varying levels of HRI are
21 pertinent to testing hypotheses about its overall effects. Our test relies on predicted directional
22 differences in the magnitude of N_e and the efficacy of selection rather than on specific estimates
23 of N_e .

1 Our second significant finding is that the GS of the mitochondrion is not associated with
2 the N_e or u of the mitochondrion. To clarify the relevance of both u and N_e in testing hypotheses
3 related to genome evolution, it is worth noting that the parameter $N_e \times u$ is consistently
4 emphasized in population genetics, as it represents the combined influence of genetic drift and
5 mutation rate, which is central to understanding the balance between the introduction of new
6 mutations and the efficiency of selection in removing deleterious alleles. Fundamentally, the
7 MHH claims that “mutationally hazardous” DNA is more likely to accumulate in species with a
8 small N_e and low u when genetic drift is high than those with high N_e and u when drift is
9 minimal. While previous work often focuses on only one of the parameters – highlighting N_e
10 when discussing nuclear genomes and u when discussing mitochondrial genomes – the emphasis
11 on one variable over the other is a matter of choice by previous authors rather than a fundamental
12 issue with the underlying theory. Our failure to find a relationship between GS and N_e or u is
13 inconsistent with the prediction of the MHH hypothesis and the broader hypothesis that genomic
14 expansion incurs a fitness cost. Given the longstanding challenges in enacting controlled tests of
15 this hypothesis and the relatively straightforward nature of the natural experiment used here, our
16 results suggest a need for a more sustained effort to assess the predictive power of the MHH and
17 the idea that increased genome size and complexity are, by and large, slightly deleterious.

18 However, two potentially important objections may be raised to our approach. First,
19 mitochondrial genome size shows little variation across the studied taxa and thus may not
20 represent an ideal dataset. While it is true that total variation in genome size is moderate, there is
21 substantial variation in the overall contents and structure of the genome, from the highly
22 streamlined genome of *Apteryx mantelli*, where the core coding sequences account for the vast
23 majority of the genome (96%) to *Struthio camelus*, in which intergenic DNA makes up nearly a
24 quarter of the genome (20%). However, the fact that these taxa have relatively slight variation in

1 mitochondrial GS despite varying N_e itself rejects the MHH, given that it predicts variation under
2 these circumstances. It may be that bird mitochondrial genome size is governed by a cryptic
3 lineage-specific tendency towards smaller GS, driven by the energetic demands of flight (Wright
4 et al. 2014), or, in the case of the semi-flighted or flightless birds studied here, the high
5 metabolic cost of running (Bundle et al. 1999). However, again, these contentions oppose the
6 central claim of the MHH, namely that genome size variation is primarily explained by N_e or u
7 (Lynch and Conery 2006). Asserting that a hypothesis possesses explanatory power only under
8 specific post hoc circumstances implies that its overall explanatory capacity remains limited at
9 best.

10 A second question concerns the extent of the change in N_e arising from the expanded W
11 chromosomal region. Estimating such values requires extensive knowledge of the distribution of
12 selective effects of newly arising nonsynonymous mutations in the mitochondrial genome. While
13 the increases in d_N/d_S may be seen as somewhat moderate (around 1.5 fold between short-W and
14 long-W species), widespread degradation of W chromosome regions in birds and other lineages
15 (involving gene loss, increased d_N/d_S and the massive accumulation of transposable elements)
16 suggests substantial reductions in the efficiency of selection (Wang et al. 2021; Warmuth et al.,
17 2022).

18 Our investigation represents a rare opportunity to explore a relatively well-controlled
19 instance of the intricate relationship between genetic drift, mutation rate (u), and organelle
20 genome size (GS). By focusing on a controlled case where variation in N_e arises from genetic
21 changes in a single genomic region (rather than global demographic shifts), we confirm the
22 expected changes in N_e through standard measures of selective efficiency. To transcend the
23 specific framing of any single hypothesis, our study tested a broader prediction: if mitochondrial
24 GS expansions are slightly deleterious, their fixation should increase as N_e or u decrease.

1 However, our failure to find the expected associations underscores the limitations of the
2 mutational hazard hypothesis (MHH) and other explanations positing weak or inefficient
3 selection on expanded genomes, highlighting the need for further controlled tests.

4

5 **Materials and Methods**

6 We estimated the mitogenome-wide d_N/d_S ratio using the FitMG94 workflow in HyPhy v.
7 2.5.36 ([https://github.com/veg/hyphy-analyses/tree/master/ FitMG94](https://github.com/veg/hyphy-analyses/tree/master/FitMG94)); Pond and Muse 2005),
8 including credible intervals. The MG94 codon evolution model incorporates synonymous and
9 nonsynonymous nucleotide substitution rates as parameters, correcting for multiple hits at a
10 codon and allowing d_S to vary across branches (Muse and Gaut 1994). Additionally, the
11 FitMG94 workflow employs a corrected empirical estimator (CF3x4), which provides improved
12 estimates of several parameters from a standard model. This estimator accounts for individual
13 nucleotide frequencies at three codon positions and corrects for biases induced by stop codons
14 (Goldman and Yang 1994).

15 To validate our HyPhy estimates, we compared them to d_N/d_S estimates obtained using
16 the free-ratio model in PAML (Yang 2007) and found they largely agreed. However, PAML
17 lacks a formal method for calculating credible intervals. Given the small sample size and
18 considerable uncertainty associated with both methods for the two short-branch sister taxa, we
19 opted to proceed with the Hyphy estimates. For the same reasons, we implemented Bayesian
20 linear and mixed phylogenetic models incorporating the uncertainty estimates for d_N/d_S . We
21 present the latter here since our Bayesian approaches yielded qualitatively similar results to
22 likelihood methods. Results and information on the Bayesian analyses are available in the
23 supplemental materials. Generation times used for estimating u were sourced from Wang et al.
24 (2021) unless otherwise specified.

1 To estimate ancestral states for % ZW differentiation, we used the fastAnc (fast
2 estimation of ML ancestral states) function in phytools (Revell 2012). We used aaML in PAML
3 without rate variation to infer ancestral mitogenome sequences. We then calculated radical and
4 conservative amino acid changes across all internal and external branches using RadAA (Seim et
5 al. 2019), which identifies pairwise amino acid changes in multiple sequence alignments and
6 categorizes residues into groups based on their charge, with cysteine forming its own group. The
7 lengths of tRNA genes were calculated using Arwen (Laslett and Canbäck 2008) and tRNAscan-
8 SE (version 2.0; Chan et al. 2021), while the ribosomal RNA genes (*rrnL* and *rrnS*) were
9 annotated using DeGeCI (version 1.1; Fiedler et al. 2024).

10 We computed individual variables' phylogenetic signal (λ) using the phylosig function in
11 phytools (Revell 2012). To validate the use of phylogenetic correction for linear regressions, we
12 followed Revell's (2010) instructions to simultaneously estimate Pagel's lambda (λ) with the
13 linear regression using the "corPagel" and gls function in nlme (Pinheiro et al. 2017). P-values
14 for the significance of the phylogenetic signal in the residuals were obtained using an ANOVA
15 test comparing our λ model with a model that has λ fixed at zero. Unless specified in the
16 supplemental materials, all statistical analyses were performed using R (v4.3.1).

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20

21 **Data Availability**

22 The primary data underlying this article are available on Github at
23 https://github.com/Brookesloci/Paleognath_ZW_GS.
24

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